

## **Ballet Theatre Midwest - New Class Explanations – June 30, 2010**

### **Children's Division**

**Creative Dance (Age 3-4)** – This level introduces our youngest students to the wonder and excitement of dance. Creative movement, basic stretches, gross motor exercises and imagination are explored.

**Ballet A (Age 4-5)** – Ballet basics within a creative movement format. Age appropriate exercises and dances that engage your child's imagination and the joy of dance.

**Ballet B (Age 6)** - Pre-ballet program that builds on skills from Ballet A and introduces additional ballet skills. Continuing emphasis on gross motor skills, imagination, musicality and movement.

**Ballet C (Age 7-8)** – Introduces more technical aspects of ballet on a beginning level while encouraging creativity. Students will enjoy learning fundamental ballet vocabulary, as well as dance etiquette and performing skills. Preparatory level for Ballet I.

**March, Leap & Lunge! (Boys Age 4-6)** – An introductory dance movement class designed specifically for energetic young boys who enjoy movement & theater!

**Youth Ballet (Age 9-12)** – An introductory class for dancers with little or no dance background. Meets once per week. Dancers taking Youth Ballet may wish to pair this class with the Jazz/Musical Theater class that immediately follows, for 8-12 year olds. A terrific “evening of dance” combination!

**Middle Eastern Dance (Age 13-Adult)** Conchi Madson joins our faculty this fall bringing Middle Eastern Dance classes based on a developed syllabus to our class offerings.

CONCHI a native of Barcelona, Spain has performed throughout the USA including Hawaii and Puerto Rico. Dancing has been Conchi's passion, and her commitment to this dance is tireless and never ending. She has the ability to capture her audiences' attention with her fiery, dynamic and joyous style of dancing. CONCHI has performed in the principal ethnic nightclubs in Cincinnati and Columbus, and has been a guest nightclub dancer in California, Hawaii and Puerto Rico. Further, she has performed at countless weddings, parties, church events, seminars and many other venues.

### **Adult Ballet Division (Age 13 – Adult)**

**Tuesday AM - Int/Adv Adult Ballet**-A more challenging ballet technique class for adults who may wish to take more than once per week. Several years of serious ballet training and a good knowledge of ballet vocabulary is recommended prior to taking this class.

**Wednesday PM – Beg/Adv Adult Ballet** – Dancers taking this class should be comfortable with basic ballet skills and vocabulary. UC Communiversity students will have access to this class throughout the year.

**Saturday AM – Beg Adult /Teen Ballet** - We are offering this class in response to a growing number of inquiries and students who have had little or no dance training, but wish to take a ballet class. This class will teach fundamental ballet concepts, including positions, basic steps, stretches, vocabulary, etc.

**Jazz/Tap (Ballet IV & Above)** – A terrific and exciting addition to ballet training for our upper level dancers.

**Tap (Age 9-12)** – An introductory tap class for younger dancers who wish to explore this dance technique. A great compliment to the Monday Jazz/Musical Theater Class and ballet!